



Week beginning Monday 22nd March 2021 Newsletter

www.stmaryspsportaferry.co.uk

Week Beginning 22nd March

Monday will be the first day since December 18th 2020 that we will have had all of our pupils in school and we are delighted that it has now been deemed safe for all of our primary pupils to return to school now. This last week we have been busy preparing the classrooms for the P4/5/6/7 pupils and we are all looking forward to seeing everyone again.

A detailed guidance and return letter is available on the school website.

This side of the Easter holidays we will be focusing on getting our classes together again and getting everyone back into some form of routine. Remember to go to bed early on Sunday night and we cannot wait to see you all soon.

If contacting the school about any queries or issues, please remember that the first point of contact is by phone to the school office: 028 427 28278.

School e-mail is

info@stmarysps.portaferry.ni.sch.uk

We will pass on messages to your child's teacher when received and get back to you as soon as possible.



PE Timetable



Pupils can come to school in their PE Uniform on designated PE Days. To remind you of your child's scheduled days for PE these are available below and are also printed on the school website.

Monday	Primary 5 Primary 7
Tuesday	Primary 1 Primary 3 Primary 6
Wednesday	Primary 2 Primary 4 Primary 7
Thursday	Primary 3 Primary 5 Primary 6
Friday	Primary 1 Primary 2 Primary 4

Easter Holidays

Our school will finish on Wednesday 31st March for the Easter Holidays with no pupils attending school from Thursday 1st April. School will re-open on Monday 12th April.

The remaining scheduled holidays for term



three are;

Monday 3rd and Tuesday 4th May

School closed for pupils

Monday 31st May - Friday 4th June

School closed for pupils.

High Five

The latest edition of the EA Primary Behaviour and Support Provision Service "High Five" magazine is available using the link;

https://www.eani.org.uk/sites/default/files/2021-03/HIGH%20FIVE%20-%20ISSUE%20-%20-%2012%20MARCH_0.pdf



DINNERS

This week's menu is contained below.

Dinners cost £2.60 per day and must be paid at the beginning of each week in a clearly marked envelope with your child's name and days on which they wish to have school dinner

Monday	Chicken Burger with Potato cubes & Peas/ Artic Roll Ham/ Cheese/ Jam Sandwich / Biscuit/ Drink
Tuesday	Ham & Cheese Panini with Potato Wedges Ham/ Cheese/ Jam Sandwich / Biscuit/ Drink
Wednesday	Roast Beef with Mashed Potato,

	stuffing, veg & Gravy Ham/ Cheese/ Jam Sandwich / Biscuit/ Drink
Thursday	Chicken Curry, Rice, naan bread/ Short Bread Biscuit or Fruit Ham/ Cheese/ Jam Sandwich / Biscuit/ Drink
Friday	Hot Dog with Chips/ Frozen Yoghurt Ham/ Cheese/ Jam Sandwich / Biscuit/ Drink

WRAP Parenting NI Seminar

As the children start to return to school, they're going to be experiencing so many different emotions including anxiety, fear, anger, frustration etc and behaviours may start to change. This free 1-hour session gives an insight into how to recognise those behaviours, the reasons behind them and the tools to help guide our children through this difficult period.

This online seminar is open to all parents of St Mary's Primary School and anyone within our community. Details on how to register can be found by contacting stmaryspspsg@gmail.com

ParentingNI

25TH MARCH 2021

CHILDRENS' EMOTIONAL HEALTH

Children who have positive emotional health and wellbeing tend to have better outcomes in life. This workshop encourages parents of children to recognise the importance of their children's mental health, exploring how parents can provide opportunities for children's emotional development.

7.00PM - 8.00PM

TO REGISTER CONTACT:
STMARYSPSPSG@GMAIL.COM



INFORMATION FOR PARENTS & CARERS

Everyone has a role to play in keeping our schools safe and helping to stop the spread of COVID-19.

DON'T SEND YOUR CHILD TO SCHOOL IF THEY HAVE COVID-19 SYMPTOMS.

VISIT [NIDIRECT.GOV.UK/ CORONAVIRUS](https://www.nidirect.gov.uk/coronavirus) TO BOOK A TEST ONLINE. CALL 119 IF YOU CANNOT BOOK A TEST ONLINE.

YOU SHOULD BOOK A COVID-19 TEST IF YOUR CHILD HAS:

A HIGH TEMPERATURE

This means they feel hot to touch on their chest or back (you do not need to measure their temperature).

OR

A NEW CONTINUOUS COUGH

This means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if they usually have a cough, it may be worse than usual).

OR

A LOSS OR CHANGE TO THEIR SENSE OF SMELL OR TASTE

This means they've noticed they cannot smell or taste anything, or things smell or taste different to normal.

IF YOUR CHILD DOES NOT HAVE SYMPTOMS OF COVID-19 BUT HAS OTHER COLD-LIKE SYMPTOMS, SUCH AS A RUNNY NOSE, THEY DO NOT NEED TO BE TESTED AND THEY OR MEMBERS OF YOUR HOUSEHOLD DO NOT NEED TO SELF-ISOLATE. YOUR CHILD CAN ATTEND SCHOOL IF FIT TO DO SO.

HERE'S WHAT TO DO IF:

YOUR CHILD HAS COVID-19 SYMPTOMS

WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Book a COVID-19 test
- Household self-isolates
- Inform school immediately about test result

WHEN CAN MY CHILD RETURN?

Your child can return to school if the test is negative providing they are well enough, have not had a fever for 48 hours and if they haven't been advised to self-isolate by the PHA Contact Tracing Service.

YOUR CHILD TESTS POSITIVE FOR COVID-19

WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Inform school immediately about test result
- Self-isolate for at least 10 days as advised by the PHA.

WHEN CAN MY CHILD RETURN?

Your child can return to school after 10 days even if they still have a cough / loss of smell or taste. These symptoms can last for several weeks.

SOMEBODY IN MY HOUSEHOLD HAS COVID-19 SYMPTOMS

WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- The household member should book a COVID-19 test
- Household self-isolates
- Inform school immediately about test result

WHEN CAN MY CHILD RETURN?

Your child can return to school if the symptomatic household member's test is negative and if they haven't been advised to self-isolate by the PHA Contact Tracing Service.

SOMEBODY IN MY HOUSEHOLD TESTS POSITIVE FOR COVID-19

WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Inform school immediately about test result

WHEN CAN MY CHILD RETURN?

Your child can return to school when they have completed 14 days of self-isolation without any symptoms*.

CONTACT TRACING HAS IDENTIFIED MY CHILD AS A CLOSE CONTACT

WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Self-isolate for at least 14 days as advised by the PHA Contact Tracing Service

WHEN CAN MY CHILD RETURN?

Your child can return to school when they have completed 14 days of self-isolation without any symptoms*.

YOUR CHILD HAS BEEN IN CONTACT WITH SOMEONE WHO HAS BEEN IDENTIFIED AS A CLOSE CONTACT

WHAT TO DO?

- Attend school as normal
- If your child does not have any COVID-19 symptoms they should carry on with normal activities.

YOUR CHILD HAS TRAVELLED ABROAD AND HAS TO SELF-ISOLATE

WHAT TO DO?

- DO NOT SEND YOUR CHILD TO SCHOOL
- Self-isolate for 14 days in line with quarantine advice

WHEN CAN MY CHILD RETURN?

Your child can return to school when they have completed 14 days of self-isolation without any symptoms*.

*If your child has been identified as a close contact of a case of COVID-19, or has returned from travel abroad and is self-isolating, they must self-isolate for 14 days regardless of a negative COVID-19 test result.

Further information, including Frequently Asked Questions for Parents and Carers, can be found on the Department of Education's website at www.education-ni.gov.uk

EDUCATION RESTART

