

What is bullying?

Bullying" includes (but is not limited to) the repeated use of;

- any verbal, written or electronic communication,
- any other act, or
- any combination of those, by a pupil or a group of pupils against another pupil or group of pupils, with the intention of causing physical or emotional harm to that pupil or group of pupils.

Bullying is behaviour that is usually repeated, which is carried out intentionally to cause hurt, harm or to adversely affect the rights and needs of another or others.

Bullying is NOT...

- Accidents
- Fighting
- Falling out with friends

IF YOU ARE BEING BULLIED:

DO:

- Ask them to **STOP** if you can.
- Use eye contact and tell them to go away.
- Ignore them.
- Walk away.
- Talk to a friend.
- Get help.
- **TELL SOMEONE.**

DON'T:

- Do what they say.
- Get angry or look upset.
- Hit them.
- Think it's your fault.
- **HIDE IT.**



What should I do if I see someone else is being bullied?

- Don't walk away and ignore the bullying.
- Ask the person to stop if it is safe to do so.
- Don't stay silent or the bullying will keep happening.

Who can I tell?

- A friend
- Parents/Carers
- Principal/ Teachers/ Mrs Breen/ Mr Denvir
- Classroom Assistants/ Lunchtime Supervisors
- Any other adult

MOST IMPORTANTLY

If you are being bullied:

START TELLING OTHER PEOPLE



Bullying generally happens...

Several

Times

On

Purpose

What to do

Start

Telling

Other

People

Together we can STOP it!

At Saint Mary's Primary School and Nursery Unit we believe all forms of bullying behaviour are unacceptable

What will happen to a bully?

Everyone is expected to follow our school rules. If this is broken then some of the following will happen: a verbal warning, a two-week observation, Principal informed and a letter or meeting to parents.

Everyone at St Mary's will work together to:

- Make our school a place where everyone can feel safe and happy.
- Help everyone to get along with each other because we believe that everyone has the right to be who they are.
- Always treat bullying seriously.

All members of the school community have a right to work in a safe, secure, caring and supportive environment. Parents, in turn, will be expected to work with the school to ensure that bullying does not take place.



Anti-Bullying Policy

"Let your light shine"

