

Launching our 'Make, Bake, Grow and Learn Home Challenge!'

As part of our whole school 'Health and Well being' project we had intended to run our 'Make, Bake and Grow Market Festival/Tractor Run' event in June 2020. Not to be deterred and to keep pupils, parents and staff engaged we are now launching our at home 'Make, Bake, Grow and Learn Challenge!

Each week we will setting you a challenge around these themes but feel free to adapt and be creative. Please use only what you have in your own homes, gardens and yards.

All we ask is that you post your photographs Starting couldn't be easier! The theme for this week is "Make" and there are more details overleaf.

You may find your own resources but the following web sites can help with ideas; www.make-it-your-own.com, www.greatgrubclub.com, bakingmad.com, www.gaa.ie/my-gaa/getting-involved/kids-activities, www.stem.org.uk/, http://frugalfun4boys.com, RHSSschoolgardeningideas, and '16 foods that you can magically regrow from kitchen scraps' to name but a few.

"Make, Bake, Grow and Learn" Challenge

The theme for this week is "Make"

Look in the cupboards, around the house, in the garage, the shed or the garden. What can find to use to make something?

Here are some suggestions:

- Beans on Toast
- · Homemade soup
- · Fruit Smoothies
- · Fruit Salads
- Fruit/Veg Kebabs
- · Baked Potatoes
- · A Mini Bird Table
- · A Mini Bug Hotel
- · A Fairy Garden
- · A Wind Chime
- · Paint a Rock





It doesn't have to be on this list. Be creative!

All we ask is that you send a picture or video of your creation to aoneill392@c2kni.net